



*Information about Meetings*

**Q. What is CHRYSALIS?**

A. CHRYSALIS is a charity that provides Meeting Centres for young people who have a Gender Identity Issue.

**Q. Who is it for?**

A. The project is intended primarily for transitioning transgender people over the age of 18; Male-to-Female or Female-to-Male.

**Q. What is meant by a Gender Identity Issue?**

A. Gender Identity can cover several issues; however it is the aim of Chrysalis to provide support for persons with Gender Dysphoria, sometimes referred to as Trans-gendered or Trans-sexual people.

**Q. How do I find a CHRYSALIS Meeting?**

A. Telephone 02380 397900 to arrange an introduction to your local group.

**Q. What does CHRYSALIS aim to provide?**

**A. Maximum help for minimum cost!**

- A place to discuss all aspects of gender identity issues, in confidence.
- Help with specific issues.
- Support with practical matters.
- Guidance for clients and their families.
- An opportunity to meet others.

The Meetings have a library of useful documents and written information.

A Counsellor is available for individual consultation.

A Gender Advisor is on hand to help guide clients and their families.

There is a programme of special events and speakers who will be able to advise on a wide range of topics which include:- Beard removal, Deportment, Make-up, Dress sense, Vocabulary, Skin care, Hair care and other related topics.

CHRYSALIS  
Now has  
MEETING CENTRES  
in the  
Southampton, Portsmouth  
and  
New Forest areas  
which are open  
on the First and Third  
FRIDAYS  
of each month

A small charge will be made.

There is also a Support Group  
on the second Tuesday of each month

For more information

Telephone:

02380 397900 (Office)

Or e-mail [info@chrysalis-gii.co.uk](mailto:info@chrysalis-gii.co.uk)

or through our Website at

[www.chrysalis-gii.co.uk](http://www.chrysalis-gii.co.uk)